



**KNIGHTS
OF COLUMBUS**
IN SERVICE TO ONE. IN SERVICE TO ALL.

Volume 18, Issue 8

www.ranchoknights.com

The Banner

**KNIGHTS OF COLUMBUS BLESSED SACRAMENT COUNCIL NO. 5322
RANCHO CORDOVA, CALIFORNIA DIVISION 3**

Knights Among 25,000 at San Francisco Walk for Life



Chronicle / Kurt Rogers

Knights of Columbus from throughout California and other western states were prominent among the tens of thousands of participants in the West Coast Walk for Life in San Francisco on Saturday, Jan. 19. The Walk theme was "Abortion Hurts Women."

Archbishop George Niederauer of San Francisco and seven other California Catholic bishops joined the rally and the Walk.

The walk, in its fourth year, was supported by a \$10,000 contribution from the Supreme Council, presented by supreme directors Emilio Moure, Joseph Schultz and John Wainscott.

The walk followed a route of several miles, from the Embarcadero through Fisherman's Wharf, finishing near the Presidio. The Walk for Life West Coast began in 2005 when a small group of San Franciscans decided to organize a walk to reach out to women in support of life.

Each year participation has grown, with

attendees coming from the Bay Area and other parts of California and the western states.

Walkers paraded down the streets of San Francisco after hearing from Alveda King, the niece of Martin Luther King, Jr., and Gianna Jessen, a woman who survived an abortion, at a pre-walk rally.

King compared the pro-life movement with the struggle her family endured for civil rights for African Americans.

"My uncle said injustice anywhere is injustice everywhere," King said.

"Dr. King said that the Negro cannot win if he is willing to sacrifice the future of his children for personal comfort and safety. So here we are on behalf of the children, the future generation," she added.

Walk for Life co-chair Dolores Meehan said the crowd has grown from 5,000 at the first event in 2005 to 20,000 last year and now 25,000 this year.

(Article courtesy of the Supreme Council)

February 2008

Calendar

February 6

After Ash Wednesday Service
Monthly Planning Mtg.
/Officers Mtg.
Dwyer Hall - Fireside Room

February 9

**2nd & 3rd Degree
Exemplification**
St. John Evangelist, Carmichael

February 15

6:00 pm
Lenten Soup Kitchen
Parish Hall

February 17

Pancake Breakfast
After 8:00 and 10:00 Mass

February 21 ****Note New Date****
7:15 P.M.

General Business Meeting
Dwyer Hall - Fireside Room

March 5

7:15 PM
Monthly Planning Mtg.
/Officers Mtg.
Dwyer Hall - Fireside Room

March 9 ****Note New Date****
Pancake Breakfast
After 8:00 and 10:00 Mass

March 13

7:15 P.M.
General Business Meeting
Dwyer Hall - Fireside Room

Announcements

Volunteers Needed

Lenten Soup Kitchen February 15, 2008

Volunteers are needed to help at the Sacrificial Soup Meal sponsored by the Knights on February 15. Please contact Brother Frank Donagher for further information (916-361-7032)

CRAB FEED A Success!



Thanks to all the Knights who turned out to help make our Crab Feed a great success! The attendance was great, the food was great, the band was great—a good time was had by all! A special thanks to the SJV Youth Group, who did a great job of serving, and looked sharp in their "Got God?" t-shirts!

Lenten Vigil!

Forty Days for Life

Please mark your calendars for the Forty Days for Life observance, starting on Ash Wednesday and extending through Lent. This will be a peaceful vigil at the Planned Parenthood abortion facility at 29th and B St. in downtown Sacramento during business hours.

Brother Joe Galipeau is spearheading our participation. Please contact him (tel: 916-638-1316) to sign up for a vigil "shift", or to find out other ways of contributing.

Volunteers Needed!
To assist in folding and labeling The Banner in preparation for mailing. Please contact Fred Klose at 916-638-8999 if you can spare a few hours each month to get the news out to fellow Knights!

The deadline for all correspondence for the next issue of The Banner is the 20th of the month prior. Send notices, correspondence, and commentary to:

Fred Klose
fklose@comcast.net
Tel: 916-638-8999
Fax: 916-638-8993

Blood Drive
Blood Drives will be held in conjunction with our monthly Pancake Breakfast in February, April, June, and August.

Volunteers Needed

Easter Egg Hunt Easter Sunday— March 23, 2008

The Knights will once again be holding an Easter Egg Hunt for parish youngsters after the Noon Mass on Easter Sunday. Please plan to help out with this fun and rewarding activity.

Insurance Report: Beneficiaries...Who Do You Love?

Dennis Ware—Field Agent

It will soon be Valentine's Day. Do you know who the beneficiary is on your life insurance policy? It would be a wise idea to find out – and update your beneficiary if necessary. As our K of C agent, I can help you do that.

Why is it important? A life insurance policy protects the financial status of another person – or people – in the event of your death. Through a beneficiary designation, you determine just who that should be.

When you purchase a Knights of Columbus insurance policy, you select a primary beneficiary and, if you

desire, a contingent, or secondary beneficiary. It's always a wise move to select a contingent beneficiary because you might outlive your primary beneficiary. A contingent beneficiary is the person designated to receive life insurance policy proceeds if the primary beneficiary dies.

You should be as specific as possible in wording your beneficiary designation. By naming you wife, daughter, son, etc., as beneficiary, you make sure that the life insurance proceeds will be available in a timely manner to them.

Your life situation will undoubtedly change over time. Plan to update your beneficiary designations periodically.

This will ensure that your life insurance coverage will protect those you want it to protect.

Changing your beneficiary is fairly simple. You simply complete a change of beneficiary for (#113A) for each policy you want to change. I can provide you with these forms - and I will help you to fill them out. I can also help you with beneficiary designations for any life insurance policy you hold - regardless of the company that issued it

**Dennis Ware –
Field Agent and Brother Knight
530-885-9091 ddware@cwnet.com**

February Birthdays

February 2 Carole Orelli
 February 2 Redentor Sahagun
 February 3 Fernando Madecote
 February 6 Guarino Rosario
 February 9 Eleanor Diaz
 February 9 Alan Zingelman
 February 10 Fred Pavelchik
 February 11 Rafel Villeda
 February 15 Sergio Diaz
 February 15 Shelby Hodge
 February 15 Bill Kimsey
 February 15 Charles Popp
 February 15 Robert Williams Jr
 February 16 Ricardo Soriano
 February 17 Nanie Grishaber

February 17 Virgina Soriano
 February 19 Christine Brown
 February 21 Wayne Boyer
 February 24 Modesta DeLeon
 February 24 Ken Tucker
 February 25 Mark Johnson
 February 26 Edith Schwarz
 February 28 Alice Kimsey

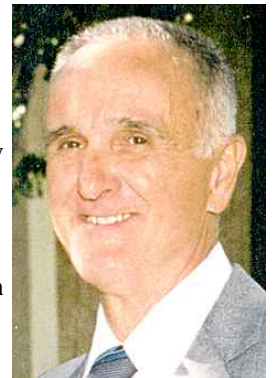
*"Growing old is mandatory;
 growing up is optional"*

Chili Davis

Major League Baseball Player
 (1860-)

Deaths

Brother John Patellos passed away on January 20, 2008, at the age of 76. Please keep him and his family in your prayers.



Brother Robert Williams passed away suddenly on February 3, 2008. Please keep Brother Williams and wife Theresa in your prayers

Illness

Brother Jim Carlson has been suffering various ailments which have required hospitalization over the past two months. Let us all keep Brother Carlson, his wife Yolanda and their family in our prayers.

If you know of a Brother Knight or a family member who is sick or in the hospital, please contact Brother Chuck Kinney @ 635-6634

February Anniversaries

February 13 Al & Mary Ann Dumont
 February 15 Evariste Nimubona & Rose Barabonerana
 February 21 Charlie & Sandy Clark
 February 28 W. Grover & Peggy Daniel

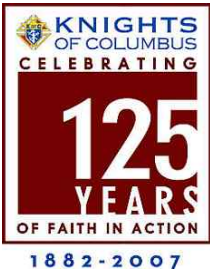
If you know of a death within our Knights of Columbus family, please contact Brother Chuck Kinney @ 635-6634 and the Worthy Grand Knight Brian Danzl @ 826-1470

Council Officers



Heavenly Father, you create us in your own image and you desire that not even the least among us should perish. In your love for us, you entrusted your only Son to the holy Virgin Mary. Now, in your love, protect the unborn to whom you have given the gift of life.

Grand Knight	Joe (Linda) Galipeau	638-1316
Deputy Grand Knight	Brian (Victoria) Danzl	826-1470
Chaplain	Fr. Martin Moroney	362-1385
Recorder	Steve (Diane) McDonald	857-1989
Financial Secretary	Charles (Helga) Popp	361-2130
Treasurer	Mark (Kathy) Barros	638-3851
Chancellor/Membership	Paul (Deette) Labbe	369-1746
Warden	Ken (Cathy) Schlim	363-1562
Advocate	William (Myrtle) Benjamin	363-8909
Lecturer	Charles (Sandra) Clark	638-2501
Inside Guard	Frank (Tari) Rogers-Smith	631-3513
Outside Guard	Chuck (Ivy) Kinney	635-6634
3 rd Year Trustee	Walter (Adora) Nolasco	631-9280
2 nd Year Trustee	Frank (Elizabeth) Donagher	361-7032
1 st Year Trustee	James (Doroise) Webb Sr.	631-7671
District Deputy	Frank (Elizabeth) Donagher	361-7032
Insurance Agent	Dennis (Mariann) Ware	(530) 885-9091



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**DATED MATERIAL
PLEASE EXPEDITE**



Supreme Knight's Book Club:

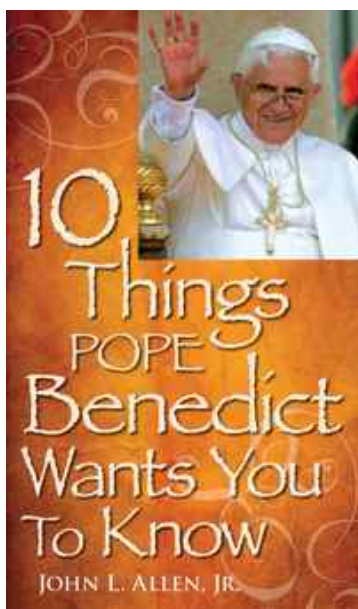
10 Things Pope Benedict Wants You to Know

The featured book for the Supreme Knight's Book Club in February is *10 Things Pope Benedict Wants You to Know*.

As leader of the world's largest Christian denomination, Pope Benedict wants modern men and women to recognize the teachings of the Catholic faith with new eyes. He wants us to look "back to the basics" but in an intelligent, provocative and attractive fashion. For the pope, Christianity is not merely a set of rules and prohibitions, but a resounding "yes" to human dignity and the em-

brace of a loving God.

In this concise piece, well-known Vatican inside observer John Allen, Jr. shares his observations on the ten most important things he believes Pope Benedict XVI wants all Catholics to know. The basis for his conjectures comes not from Allen's own personal perspectives, but from the writings and speeches of the Holy Father.



(This book, along with other selections, is available on the Supreme Council website)

The "Rules" of Lent

Lent begins on February 6—Ash Wednesday, and extends for 40 days (not including Sundays) through Holy Saturday (March 22). As a reminder, here are the Church's official "rules" on fasting during Lent: Catholics between the ages of 18 and 59 are obliged to fast on Ash Wednesday and Good Friday. In addition, all Catholics 14 years old and older must abstain from meat on Ash Wednesday, Good Friday and all the Fridays of Lent. Fasting means partaking of only one full meal. Some food (not equaling another full meal) is permitted at breakfast and around midday or in the evening—depending on when a person chooses to eat the main or full meal. Abstinence forbids the use of meat, but not of eggs, milk products or condiments made of animal fat.

Source: americancatholic.org